



HLTAID009 Provide Cardiopulmonary Resuscitation

COURSE INFORMATION - Units Delivered

- **HLTAID009 - Provide cardiopulmonary resuscitation**

This unit **HLTAID009** Provide cardiopulmonary resuscitation supersedes the previous competency **HLTAID001** Provide cardiopulmonary resuscitation.

It is recommended this unit be renewed every 12 months in line with industry standards.

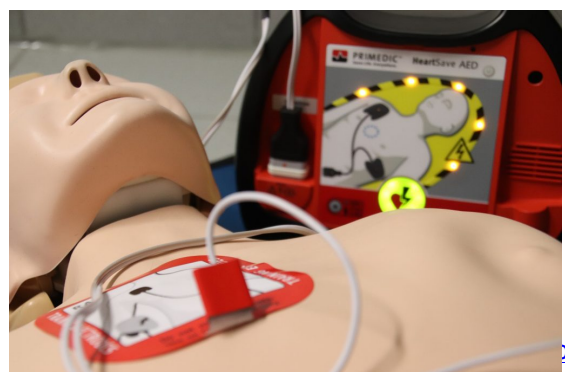
About the Course

Cardiac arrest is a medical emergency that can lead to death. With urgent medical care to restart the heart, survival is possible.

Quick decision-making to recognise and assess a cardiac emergency, call for medical assistance, and perform Cardiopulmonary Resuscitation (CPR) procedures will increase the chance of survival for a person who is unconscious and not breathing normally.

In this CPR course, you will learn these skills, in line with the Australian Resuscitation Council guidelines, including using an automated external defibrillator (AED), how to rotate first aiders with minimal interruptions to compressions, and what to do if the casualty regurgitates or vomits.

The course also covers conveying accurate incident details when handing the casualty over to emergency services, how to review an incident, to recognise any psychological impacts on self and other rescuers, to seek help if required, and for improvement of own personal skills and response time



Entry Requirements

Participants must have the physical capacity to perform the practical demonstrations, such as 2 minutes of uninterrupted CPR on the floor.

Pre-course study: Students may be required to undertake online pre-course work prior to attending the face to face session depending on the course delivery mode.

Online study: Students must have access to a computer, smartphone, tablet or other electronic devices with access to the internet to complete the online/ pre-course studies.

Course Duration

Course durations can vary for multiple reasons, so the durations below are the *minimum possible amount*.

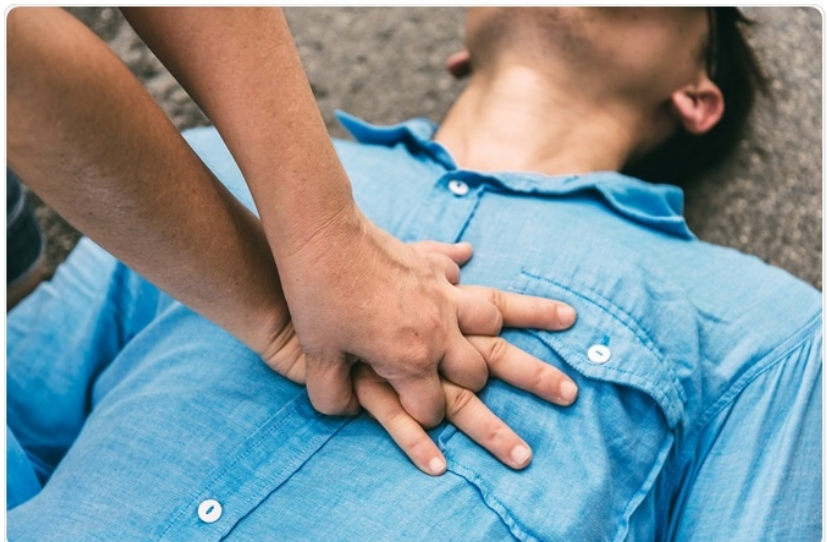
- **Refresher** Face to Face contact time of at least 90 minutes
- **Blended** Face to Face contact time of at least 90 minutes
- **Face-to-Face** Face to Face contact time of at least 2 Hours
- **Online with face-to-face assessment** Face to Face contact time of at least 20 Mins

Assessment Requirements

Performance tasks and Practical scenarios

- Perform CPR on an adult (incl. the use of an AED and placing a casualty into the recovery position)
- Perform CPR on an infant

Theory assessment – A written assessment consisting of multiple-choice questions.



Course Fes & Payments

- Please refer to our booking calendar for individual course fees.
- Refund and fee protection policy – Please refer to the student handbook. (<https://allenstraining.com.au/students/student-handbook>)
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- Payment Terms – Payment for individual participants is upfront, group booking payment terms are based on agreement between the client and service provider.

Public Course only - \$60.00

Training will be conducted on-site or in an agreed location between the client and provider.



Training and assessment delivered on behalf of Allen's Training Pty Ltd RTO 90909