



## **HLTAID011 Provide First Aid & 22556VIC (Asthma) & 22578VIC (Anaphylaxis)**

### **COURSE INFORMATION - Units Delivered**

- **HLTAID011 - Provide First Aid**
- **HLTAID010 - Provide basic emergency life support**
- **HLTAID009 - Provide cardiopulmonary resuscitation**
- **22556VIC - Course in the Management of Asthma Risks and Emergencies in the Workplace**
- **22578VIC - Course in First Aid Management of Anaphylaxis**

It is recommended this unit be renewed every 36 months in line with industry standards.

### **About the Course**

Successful completion of this course set will provide participants with the skills and knowledge and most importantly, confidence, to provide first aid treatment to any person suffering a sudden illness or injury, such as asthma or anaphylaxis. This includes the skills to preserve life, prevent the condition from worsening, and promote recovery. It includes initial intervention in a casualty with a serious condition until the arrival of medical assistance, such as performing CPR while awaiting an ambulance, as well as the complete treatment of other less serious conditions, such as applying water for burns or assisting someone choking.

Satisfactorily completing all requirements of this course set provides the student with the ability to develop risk management and risk minimisation strategies for individuals diagnosed at risk of asthma and/or anaphylaxis in the workplace. This includes the development and implementation of pre-emergency risk assessment/ management and the development and implementation of individual asthma and/ or anaphylaxis management plans.

This course set provides nationally recognised training for workers, or nominated workplace first aiders, from any industry sector and addresses the provision of care to adults and/or children in the workplace who are diagnosed as being at risk of asthma and/or anaphylaxis or displaying signs/symptoms of asthma and/or anaphylaxis.



## Entry Requirements

As a minimum, entrants to the course must have literacy and numeracy competencies equivalent to the Australian Core Skills Framework Level 3. *An example of an ACSF Level 3 competency is being able to read and comprehend the ASCIA Action Plan for Anaphylaxis, use and respond to communication techniques to request appropriate emergency assistance at the scene of a First Aid incident and use writing skills to complete incident reports.*

Physical fitness to be able to meet the demands of the practical demonstration skills

**Online study options:** The online learning program can be found in the student portal. Students must have access to a computer, smartphone, tablet, or other electronic devices with access to the internet to complete the online studies and practical assessment.

**Important note:** In order to issue an accredited certificate, CPR must be performed on the floor and rescue breathing techniques demonstrated on manikins, with no exemptions.

## Course Duration

Course durations can vary for multiple reasons, so the durations below are the ***minimum possible amount***.

- **Refresher** - 7 hours (minimum)
- **Blended** - 7 hours (minimum)
- **Face-to-Face** – 8.5 hours (minimum) face to face course
- **Online delivery with face-to-face assessment** – 60 minutes (minimum)

## Assessment Requirements

### Practical demonstrations:

- Administer asthma medication (with a spacer)
- Administer asthma medication (without a spacer)
- Administer an adrenaline autoinjector for anaphylaxis
- Provide first aid for an allergic reaction and anaphylaxis
- Adult CPR
- Infant CPR
- Demonstrate the first aid procedure for choking
- Demonstrate the first aid procedure for non-life-threatening bleeding, minor wound cleaning & shock
- Demonstrate the first aid procedure for a nosebleed

- Demonstrate the first aid procedure for managing fractures, dislocations, sprains and strains
- Demonstrate the first aid procedure for managing envenomation (snake/ funnel-web spider bite)

### **Documentation:**

- Complete a First aid/Incident report form
- Complete a risk assessment
- Complete an Individual Management Plan, which includes a Communication Plan

### **Theory assessment:**

- A written exam consisting of multiple choice and short answer questions.

### **Course Fes & Payments**

- Please refer to our booking calendar for individual course fees.
- Refund and fee protection policy – Please refer to the student handbook (<https://allenstraining.com.au/students/student-handbook>)
- Payment Terms – Payment for individual participants is upfront, group booking payment terms are based on agreement between the client and service provider.

Public Course only - \$170.00

Training will be conducted on-site or in an agreed location between the client and provider.



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