



HLTAID013 Provide First Aid in Remote or Isolated Site

COURSE INFORMATION - Units Delivered

- HLTAID013 - Provide First Aid in remote or isolated site
- HLTAID011 - Provide First Aid
- HLTAID010 - Provide basic emergency life support
- HLTAID009 - Provide cardiopulmonary resuscitation

It is recommended this unit be renewed every 36 months in line with industry standards.

About the Course

Providing a lifesaving first aid response in a remote or isolated site where medical assistance may be delayed or evacuation is required, requires specific instruction and practical training.

The course teaches preparation for first aid emergencies based on the site and in line with legal and workplace requirements, Australian Resuscitation Council guidelines and other Australian national peak clinical bodies.

You will learn to assess a casualty, providing safety, contacting and relaying initial and concise information to assist emergency services to your location, undertaking triage for multiple casualties and providing ongoing care.

Instruction on basic first aid and CPR will be provided, as well as treatments specific to remote conditions, such as hypothermia or hyperthermia, head, neck and spinal injuries, using tourniquets and haemostatic dressings for life-threatening bleeding, and managing a casualty in shock.

The course covers completing incident documentation and debriefing, recognising areas for improvement, psychological impacts, the potential need for stress management and support, and seeking help as required.



Entry Requirements

Participants must have the physical capacity to perform the practical demonstrations such as 2 minutes of uninterrupted CPR on the floor and performing rescue breathing techniques on manikins.

Pre-course study: Students may be required to undertake online pre-course work prior to attending the face to face session depending on the course delivery mode.

Online study: Students must have access to a computer, smartphone, tablet or other electronic devices with access to the internet to complete the online/ pre-course studies.

Course Duration

Course durations can vary for multiple reasons, so the durations below are the ***minimum possible amount***.

- **Face-to-Face** – 16 hours (minimum) face to face course
- **Online delivery with face-to-face assessment** – 6 hours (minimum)

Assessment Requirements

Performance tasks and Practical scenarios

- Perform CPR on an adult (incl. the use of an AED and placing a casualty into the recovery position)
- Complete a first aid incident report form based on the simulated first aid scenario
- Perform CPR on an infant
- Manage a casualty with anaphylaxis
- Manage a casualty with asthma
- Manage a choking casualty
- Manage a casualty with non-life-threatening bleeding and shock, requiring minor wound cleaning
- Manage a casualty with a nosebleed
- Manage a casualty with a fracture and dislocation
- Manage a casualty with a sprain and strain
- Manage a casualty with envenomation (snake/ funnel-web spider bite)
- Manage a casualty with hyperthermia
- Simulated scenario – First aid response in a remote site (plan and prepare for a remote trip, conduct a basic triage, coordinate an evacuation)
- Complete a planning and equipment checklist

Theory assessment – A written assessment consisting of multiple-choice questions.

Course Fes & Payments

- Please refer to our booking calendar for individual course fees.
- Refund and fee protection policy – Please refer to the student handbook (<https://allenstraining.com.au/students/student-handbook>)
- Payment Terms – Payment for individual participants is upfront, group booking payment terms are based on agreement between the client and service provider.

Public Course only - \$340.00

Training will be conducted on-site or in an agreed location between the client and provider.



Training and assessment delivered on behalf of Allen's Training Pty Ltd RTO 90909